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The Naturally Clean Home: 150 Super-Easy Herbal Formulas For Green Cleaning



Synopsis

Keep your home clean, green, and healthy! Learn how to disinfect and freshen your house using powerful all-natural cleaners made by mixing essential oils together with common nontoxic kitchen ingredients like baking soda, lemon, and vinegar. Discover how fruits and herbs can brighten any room with revitalizing scents.

Customer Reviews

Save money...Save your health...Save the planet...With natural cleaning power! Did you know that the air in your home might have chemical contamination levels 70 times greater than outdoor air? And the culprits are lurking right under your kitchen sink. It's time to clean up your act! Learn how easy it is to make your own safe, nontoxic, effective alternatives to commercial cleaning products by combining the antibacterial and antiseptic properties of herbs and essential oils with other natural ingredients such as baking soda, vinegar, borax, and lemon juice. The Naturally Clean Home includes tips and formulas for freshening every room in the house: --Wash the dishes with eucalyptus --Restore the rug with rosemary --Soften fabrics with lemon --Clean the oven with orange --Scrub the sink with lavender --Polish wood with raspberry leaves --Flush the toilet clean with tea tree oil --Wax the car with beeswax

Karyn Siegel-Maier is a health writer, the mother of three, and the author of The Naturally Clean Home. She contributes articles about herbal health and alternative medicine to magazines including Natural Living Today and Mother Earth News.

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